

Light Urban Search and Rescue Training for Citizens



This is a skills training program designed to instruct participants in safe and effective methods for simple search and rescue. The class is a "hands-on" program that focuses on:

- Basic rescuer safety
- Five stages of rescue
- Search methods and markings
- First aid triage
- Basic construction practices
- Utility safety and control
- Safely lifting heavy objects

Instructor: Tony Bennett,
a veteran Seattle firefighter

For more information, contact:
Elizabeth Mash at 206-233-7123

Dates:

October 21, 2006
or
December 9, 2006

Time: 9:00am—3:30pm
(6 hour training plus 1/2 hour lunch)

Location:

Sand Point Magnuson Park
7400 Sand Point Way NE
(The old naval station)



Important:

Please bring to class:

- Hard hat—available at most hardware stores for \$7—10
- Leather work gloves
- Comfortable clothing and sturdy shoes—you'll be practicing on the floor
- Flashlight & batteries

Space is very limited. Register early!

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To reserve your space:

- Complete the registration information
- Select the date you prefer
- Make your check for \$25.00 payable to Anthony Bennett
- Mail check and registration to :

City of Seattle
Office of Emergency Management
Attn: Elizabeth Mash
2320 — 4th Ave
Seattle, WA 98121

Registration Information

Name _____

Address _____

Phone _____

E-mail _____

Choose Either:

- ☐ October 21, 2006
or
☐ December 9, 2006

Class Fee: \$25.00

**Please make your check
payable to Anthony
Bennett**

Please Note:

- We will mail you a confirmation notice with driving instructions, parking suggestions and classroom directions.
- We require a 3-day cancellation notice. If you cancel after this time, you will forfeit your registration fee.